

DAWS NEWS

VOLUME 2, EDITION 1



Some of Our Highlights:

- We had one DAWS runner complete the New York Road Runners Coogans 5k in Washington Heights, New York. It's the first of many races this year for DAWS, and you can find our complete race schedule on our website:

<http://www.doawaywithsma.org/our-2018-event-schedule>

SMA FACT:

THERE ARE FOUR MAIN TYPES OF SMA. TYPE I IS THE MOST COMMON, AND IS USUALLY DIAGNOSED BEFORE THE INFANT REACHES SIX MONTHS OF AGE. IT IS OFTEN FATAL EARLY IN LIFE (ALTHOUGH, IN THE 1970'S, IT WAS THOUGHT TO CARRY A 100% FATALITY RATE). 60% OF ALL SMA CASES ARE TYPE I, AND IT IS ALSO REFERRED TO AS WERDNIG-HOFFMANN DISEASE.

- We have also attached our 2018 event schedule for easy reference. Drop us a line if you are interested in running or volunteering with us! Our schedule is subject to change, as we may add or remove races based on levels of interest

DAWS 2018 Event Calendar

1. 3/4/18: New York Road Runners Coogans 5k (Washington Heights, New York) - COMPLETED!!!
2. 4/8/18: New York Road Runners ("NYRR") Run to Breathe 4 miler (Central Park, New York)
3. 4/21/18: runDisney Star Wars 10k (Walt Disney World, Florida)
4. 4/22/18: runDisney Star Wars Half Marathon (Walt Disney World, Florida)
5. 5/5/18: Indianapolis Half Marathon (Indianapolis, Indiana)
6. 5/12/18: IRONMAN Santa Rosa (Santa Rosa, California)
7. 6/3/18: NYRR Italy Run 5 miler (Central Park, New York)
8. 6/23/18: NYRR Pride Run 5 miler (Central Park, New York)
9. 7/1/18: NEW YORK CITY TRIATHLON (New York City, New York)
10. 7/21/18: NYRR New York City Marathon Long Training Run - 12 miler (Central Park, New York)
11. 8/5/18: NYRR Manhattan Seven Miler (Central Park, New York)
12. 8/12/18: NYRR New York City Marathon Long Training Run - 15 miler (Central Park, New York)
13. 8/19/18: IRONMAN Mont-Tremblant (Mont-Tremblant, Quebec, Canada)
14. 9/2/18: New York City Duathlon (Central Park, New York)
15. 9/16/18: NYRR New York City Marathon Long Training Run - 18 miler (Central Park, New York)
16. 9/23/18: IRONMAN 70.3 Atlantic City (Atlantic City, New Jersey)
17. 9/29/18: IRONMAN Maryland? VERY POSSIBLE!
18. 10/21/18: Central Park Duathlon (Central Park, New York)
19. 10/28/18: Marine Corps Marathon (Washington, D.C.)
20. 11/3/18: NYRR Dash to the Finish 5k (Central Park, New York)
21. 11/17/18: NYRR New York City 60k (Central Park, New York)
22. 12/2/18: California International Marathon (Sacramento, California)

A Tip of the Cap.....

- So far in 2018, we have raised **\$100.00** to help our cause:
 - o Anonymous donation: \$100

THANK YOU ALL SO VERY MUCH FOR YOUR SUPPORT!!!!!!!!!!

HERE'S HOW YOU CAN FOLLOW ALL OF THE ACTION.....

DO AWAY WITH SMA

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